

What You Need To Know – Fall 2007

Game Formats:

Age Bracket	# players on team	# players on field	Practice time	Length of game	Notes
U5/U6 (Co-Ed)	4	3	On gameday	3 x 10 min	No Keeper All kicks direct, no PK
U8G U8B	7	5	1.5 hour	2 x 20 min	All kicks direct, no PK New —U-8 has Keeper
U10(Co-Ed)	9	7	2 hour	2 x 25 min	
U12(Co-Ed)	12	9	2 hour	2 x 30 min	
U14(Co-Ed)	14	11	2 hour	2 x 35 min	

ALL teams are required to provide a referee for their home games.

ALL GAMES will end on time no matter when they started!

Home Team side is North or West sideline.

First game of the day – both teams arrive early to set up goals and flags.

Last game of the day – both teams must put away goals and flags, pick up trash.

*** All U5 players need to arrive early to set up goals (Do not take them down because U6 will use them).

U6 teams that play on Field 5 will need to show up early to set up goals. ALL U6 teams take down goals.

Inclement Weather: When weather looks bad, call 830-1657, or check the web site

www.eastmountainsoccer.org. Tell your parents to call you. They should not call the league number, it is not designed to handle a high volume of calls.

Good Sportsmanship: If one team cannot field the on-field player maximum, the other team will voluntarily limit it's player numbers to match, or will donate players to even the number each team has on the field.

Medical Release Forms: Keep your player registration forms with you at all games and practices. Make a copy for your assistant coach.

Steve Casalnuovo	Regional Commissioner	298-1178
Kim Linder	Asst. Regional Commissioner	281-8073
Lori Dotson	Coach Administrator	850-2939
Anna Odom	Referee Administrator	286-8989
Paige Larsen	Registrar	286-4240
Dustin Cook	Safety	269-1354
Doug Coombs	U-5 Coordinator	292-3309
Holly Brown	U-6 Coordinator	281-8267
Andrew Bustillos	U-8 Girls Coordinator	286-4383
Denise Deiterman	U-8 Boys Coordinator	281-3548
Ami Krenzel	U-10 Coordinator	286-6438
Rob Pine	U-12 Coordinator	281-6076
Anna Odom	U-14 Coordinator	286-8989

Complete contact information at www.eastmountainsoccer.org